

Spring 2012 DHS Sports Tryout Info

****Sports Physicals must be completed & all forms filled out and signed prior to the first day of tryouts!!**

BADMINTON

Coach: Michael Rutgard mcrutgard@ucdavis.edu
Tryouts begin Feb. 6 at 4:00pm near the DHS North Gym.

BASEBALL

Varsity Coach: Dan Ariola dariola@djud.net
JV Coach: Bob Creely rcreely@djud.net
Frosh Coach: David Watts davidw.dhs@gmail.com
Conditioning for pitchers and catchers begins Jan. 30, 4:00-6:00pm. Full team tryouts/practice begins Feb. 6, 4:00-6:00pm; Varsity @ DHS Varsity field; JV & Frosh @ DHS JV field.

BOYS GOLF

Coach: Karl Ronning kronning@djud.net
Tryouts begin February 6 at 3:00pm at Wildhorse Golf Club. Since we are limited to 8 players per day, everyone will not be trying out every day. IMPORTANT: contact Coach Ronning prior to Feb. 6.

BOYS LACROSSE

Varsity Coach: Nick Juri nickjuri@gmail.com www.davislacrosse.org
JV Coach: Jake McCorkle jfmccorkle1002@gmail.com
Tryouts will be held Feb. 6-10 at the DHS Stadium from 6:30-8:30pm. Students should bring all lacrosse gear and running shoes.

GIRLS LACROSSE

Varsity Coach: Jenn Morris jennmorris22@gmail.com
JV Coach: Lisa Branch lbranch@calspl.com
Conditioning practices start Tues. Jan. 18 at 4:00pm at the DHS Stadium. They will be one hour sessions Tues, Wed, and Thurs. Tryouts start February 6 at the DHS Stadium from 5:00-7:00.

GIRLS SOCCER

Varsity Coach: Sara Stone sarayudin@hotmail.com
JV Coach: Bob Smith robertsmith90@comcast.net
Conditioning will begin on Feb. 1 for 9th and 10th graders. 11th and 12th graders will report on Feb. 6. Times for all days are 4:00pm at DHS Yudin Field. Players should bring water, soccer shoes, shinguards and running shoes.

GIRLS SOFTBALL

Varsity Coach: Art Guerra sharks2123@yahoo.com
JV Coach: Gary Bernauer 4bears4u@sbcglobal.net
Practice/conditioning will be held on Mon-Wed-Fri at 4:00pm until Jan 15. Conditioning only will be held from Jan.17 thru Feb 5. First day of practice/try outs will be on Feb. 6 at 4:00pm. All softball related gear and running shoes are needed for tryouts. Practices/conditioning will be held at the DHS Varsity softball field, weather and field conditions permitting.

BOYS SWIMMING

Coach: Tracy Stapleton tstapleton@djud.net
Tryouts are February 14-17 at Arroyo Pool; Wed-Fri 6:00-8:00pm; Tues-Thurs 4:00-6:00pm. Students should bring swimsuit and goggles.

GIRLS SWIMMING

Coach: Doug Wright

dwright@djUSD.net

Tryouts are February 14-18 at Arroyo Pool; Wed-Fri 4:00-6:00pm; Tues-Thurs 6:00-8:00pm. Students should bring swimsuit, swim cap and goggles.

BOYS TENNIS

Coach: Dale Hersch

herschdb@aol.com

Mandatory conditioning begins Jan. 3, Mon-Fri from 6-7pm @ DHS tennis courts. Tryouts begin Feb. 6, Mon-Fri from 3:45-5:45 @ DHS tennis courts.

TRACK & FIELD

Coach: Spencer Elliott

selliott@djUSD.net

www.dhstrack.com

Pre-season conditioning sessions are currently being held and are open to all athletes, new and returning. Meet at 4:00pm Monday through Thursday at the DHS track. Team practice begins Feb. 6 at 3:50pm at the DHS Stadium.

BOYS VOLLEYBALL

Coach: Julie Crawford

jcrawford@djUSD.net

Tryouts begin Feb. 6 @ 4:00pm in the DHS South Gym.

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